

Report to Diocesan Annual General Meeting
Catholic Women's League
June 12, 2021
St. Anthony Of Padua Parish
"Care of Our Common Home"
'Loneliness'

Loneliness, sadness, anxiety of being alone even in a crowd, we have all experienced it and may not have recognized it. Loneliness can cause low self-esteem, and we do not want to interact with others because we do not feel good enough. In relationships we should ask ourselves am I really in love with this person or I am lonely for any relationship even not a good one. What I see in a lonely person is that they talk a lot and we should listen.

Loneliness isn't something that came because of a pandemic; it was something that existed before. It just got amplified during these times. So I think this idea of connecting, interaction and building bonds definitely should continue after the pandemic, like we are doing now with our CWL sisters. If we can bring light to someone's day we should take that opportunity. Times after my husband Clem passed away and I felt down and lonely, a friend would call and we just talked about nothing and that lifted my spirits.

Our environment can lift our spirits. In the poem by William Wordsworth "I Wonder Lonely As A Cloud" inspired him to write, tells of golden daffodils beside a lake beneath trees fluttering and dancing in the breeze. In my minds eye I can see it and that lifted me.

St Anthony of Padua's future --- we plan to see about planting a Blazing Maple on the Pine St. Side of the church. Monsignor Pat is retiring in June; we would like to present him with a Spiritual Bouquet.

Respectfully Submitted

Eileen Meunier
President of St. Anthony of Padua Cathedral Parish