

Timmins Diocesan Council
The Catholic Women's League of Canada
Spiritual Development Standing Committee

Care for Our Common Home
Loneliness

Directive #12

Pages: 2

March 8, 2021

To: Parish Presidents for Parish Spiritual Development Chairpersons
From: Marie Black, Timmins Diocesan Spiritual Development Chairperson
Bcc: Annette Kelly, Diocesan President; Diocesan Officers; Emma Rose Rayburn, Provincial Spiritual Development Chairperson; Fr. John Lemire, Timmins Diocesan Spiritual Advisor; Anne Plaunt, Life Member Liaison and sub-committee member; Maggie Mowbray, sub-committee member

Hello!

I'm back!

In all seriousness, I have more to share with you. I just received a directive from Emma Rose Rayburn and suggested sites from Anne Plaunt and Audrey Shelton, all to do with Lent. Thank you ladies.

Please pass along the information to your members and possibly share with your parish if your parish priest agrees. We certainly do not have a shortage of resources for this Lent and opportunities for spiritual growth.

- 1) You can enjoy and be inspired by a **Virtual Stations of the Cross: Walk Through Jesus' Passion with this Powerful Lenten Meditation** which features the Museum of the Bible in Washington DC. It features sculptures by the famous artist Gib Singleton, readings and prayers by Washington Nationals Chaplain, Msgr Stephen Rosetti and singing by local DC opera singer Crossley Hawn. Fr. John says he is a solid priest. Anne Plaunt really enjoyed the Stations and recommends watching and listening to them. She said the sculptures aren't really clear but it is still a beautiful Lenten prayer. If you search **Church Pop virtual stations of the cross**, you will come to the site and see where you can access the Stations.
- 2) **Companions of the Cross Lenten Virtual Healing Mission, March 15-17, 7-8:15 pm** Registration is required. Three priests do the preaching and one, Fr. Allan MacDonald, is a seminarian friend of Fr. John's. According to Fr., it should be a good retreat. If you search **Companions of the Cross retreat**, you will see Lenten Online Healing Mission near the top. Just click on that and then click on **Register**.
- 3) There is a beautiful rosary that you can find online at **word on fire.org/rosary**. You pray, listen and meditate as **Bishop Robert Barron** reflects and recites the rosary. Go to this site and scroll down to the Sorrowful Mysteries. Click on this and it will take you to the correct page

where you will find the Joyful, Sorrowful, Glorious and Luminous Mysteries led by the bishop. There is also beautiful artwork from the church that illustrates these mysteries.

- 4) Emma Rose Rayburn sent information on a **CWL retreat, "Every Season Has a Reason"**. It is being sponsored by National. The presenter is Dr. Anne Jamieson, Executive Director of the Institute of Catholic Education in Ontario. In the presentation, we will be led to "consider reasons for the seasons in our spiritual lives. As Lent draws to a close, let us take stock of the moment and see where our prayers and fasting and almsgiving have brought us and how we can finish well so as to celebrate fully the Easter joy on the horizon." Go to **cwl.ca**, click on Quick Links, click on "Every Season Has a Reason" click on **Register**. Let us join our League sisters across Canada for this retreat on **March 26**. Registration is required.
- 5) If any council would like a **Lenten calendar** with daily activities (also can be used throughout the year), please let me know and I will send it to you. Emma Rose sent me the calendar, which was composed by a member of the Peterborough Diocese. She received permission to share it.
- 6) Audrey Shelton went online and found the Stations of the Cross with St. Joseph. Deacon Larry Duke will be using these Stations at Our Mother of Perpetual Help Parish on Friday, March 19, the Feast of St. Joseph. This would be a very nice way for all of us as individuals and/or parishes to celebrate this feast day. Go online to **Pray the Stations with St. Joseph**. When it comes up, click on that title.

Thank you to everyone. If you choose to participate in the #2 and #4 retreats above, I remind you that you must register.

I pray that we will continue to grow spiritually during this holy season of Lent as we journey toward Easter.

May God bless you and your family with a joyful heart, a joyful Easter and a beautiful spring.

"Hearts will rejoice with everlasting joy." Psalm 22:26

Kindest regards and Happy Easter. Hopefully we will be able to celebrate with each other in our churches.

Marie