



**Timmins Diocesan Council of
The Catholic Women's League of
Canada Education and Health
Standing Committee
*Care for our Common Home***



Directive #3 Pages: 2

April 19, 2020

To: Parish Education and Health Standing Committee Chairpersons
 From: Bernice Duncan, Diocesan Education and Health Standing Committee Chairperson
 cc: Diocesan President, Diocesan Executive, Parish Presidents, Provincial Education and Health Standing Committee Chairperson , Life member

***Att: Care for our Common Home Initiative
 Participation Survey for Care for our common home***

- The initiative and survey will be attachments to this directive

"You pay God a compliment by asking great things of him."-St Teresa of Avila

I hope everyone is keeping well at this time of Covid-19. By now we are missing our friends and our activities, but continue to stay home, wash your hands, social distance and keep in touch with family and friends. We will get through this. Remember to keep healthy in body, mind and spirit.

Keep informed by going to the national website,"cwl.ca"; communiqués are posted. We will be missing our conventions this year.

Catholic Education

Catholic schools may be hit harder by the shutdown as much of their funding comes from private sources. We will have to ensure that provincial funding continues for our Catholic schools

On March 26,2020, "Saskatchewan's highest court has upheld the right of Catholic schools to receive provincial funding for non-Catholic students".

Wellness and sickness/disease

At this time of staying at home and social distancing we have to remember to keep healthy in mind, body and spirit. Call friends and family, write, email. If able go out for a walk; remember to keep your distance, it is warmer outside, maybe do a bit of yard work or start some seeds indoors. Five easy exercises that can be done at home to stay flexible and healthy are found at: perthnow.com.au/community-news/joondalup-times/ecu-shares-tips-for-home-exercise-during-covid-19-pandemic-c-899943.

Mental Health Week in Canada is May 4-10, 2020. Take time during this week to say a prayer for the isolated, those that have no family contact and for those with mental illness. If someone you know needs "TLC" contact them.

12 Hours of Prayer for Palliative Care can take place during National Hospice Palliative Care Week, May 4-10, 2020. Due to Covid-19, parish councils are encouraged to do an at-home service. Check the national website for the 12 Hours of Prayer for Palliative Care Kit. Prayer is the foundation of Catholic faith, it is needed at this time and can be done safely at home.

Environment

On April 22, Earth Day will celebrate its 50th anniversary – fifty years of caring for our common home.

Please refer to the two attachments; CWL national's initiative regarding the national theme "Care of our common home". There is a survey to be sent in letting national know how much garbage was gathered by each council. This is a yearly job. Exercise and fresh air all good for our mental health. Now that most of our snow has disappeared we can get started.

Everyone stay healthy, stay home, wash your hands and keep your distance. May our Lady of Good Counsel keep you and your family safe at this time of Covid-19

*Your sister in the League,
Bernice*